

Basketball Tryout Information 2024-2025

All students interested in trying out for the Maitland Middle basketball team must have a completed OCPS ATHLETIC PHYSICAL submitted on www.Aktivate.com in order to tryout.

Girls' Tryout Dates and Times:

(Girls will check-in for tryouts in the gym.)

Wednesday, January 8 (7:45-9:00am)

Thursday, January 9 (7:45-9:00am)

Friday, January 10 (7:45-9:00am)

Coach Neff

Boys' Tryout Dates and Times:

(Boys will check-in for tryouts in the gym.)

Wednesday, January 8 (3:00-5:00pm)

Thursday, January 9 (4:00-5:45pm)

Friday, January 10 (4:00-5:45pm)

Coach Disque

*The first two days of tryouts are open to any student with a completed physical and profile on www.Aktivate.com. After the second day, coaches will make first cuts. **The third day of tryouts is ONLY for students who make it past the first cut.** Tryout lists are posted at www.mmsAthletics.com.*

The following items are required for a student to participate in tryouts:

1. Cleared paperwork on www.Aktivate.com
2. A 2.0 cumulative GPA.

In order to tryout, you MUST submit your child's OCPS Athletic physical packet ONLINE ONLY at www.Aktivate.com

Expectations:

1. Be on time for tryouts and properly dressed. Proper dress includes the following: athletic shoes, socks, gym shorts, and t-shirt (NO slides or crocks).
2. No gum or candy
3. ALL jewelry removed
4. Plan on being at all tryout dates
5. Students should always be listening and watching. You can learn the correct way to do something by watching others and listening to the coaches.
6. **Tryouts are ONLY for eligible students. No one is allowed in to watch tryouts (parents or students).**

If you have any further questions, contact Coach Neff, Athletic Director, at Kevin.Neff@ocps.net or 407-623-1462 ext. 5172228.

www.MMSathletics.com

Basketball Intramural Information 2024-2025

Basketball Intramurals will take place every Thursday (girls) and Friday (boys) in December. **Intramurals ARE NOT A TRYOUT for the team.** It is a chance for you to play basketball with other students at Maitland.

Intramurals will consist of warm-ups/stretchers, drills and games. Depending on the size of turnout each day, students will be placed on a team and play several round robin games.

Basketball Intramural Dates and Times:

GIRLS: Thursdays, December 5, 12, & 19 (8:00 - 9:15am)

BOYS: Friday, December 6, 13, 20. (4:00 - 5:30pm)

Expectations:

1. MUST have appropriate shoes or you will not play.
2. Be on time.
3. You will not have access to the locker room, so come prepared.
4. Any unsportsmanlike behavior will cause you to be removed from participating.

INTRAMURAL FORM QR CODE: this is NOT a physical and is ONLY good for Intramurals. You must turn one in your first day of intramurals.



www.mmsAthletics.com

Instagram: @Maitland_Athletics